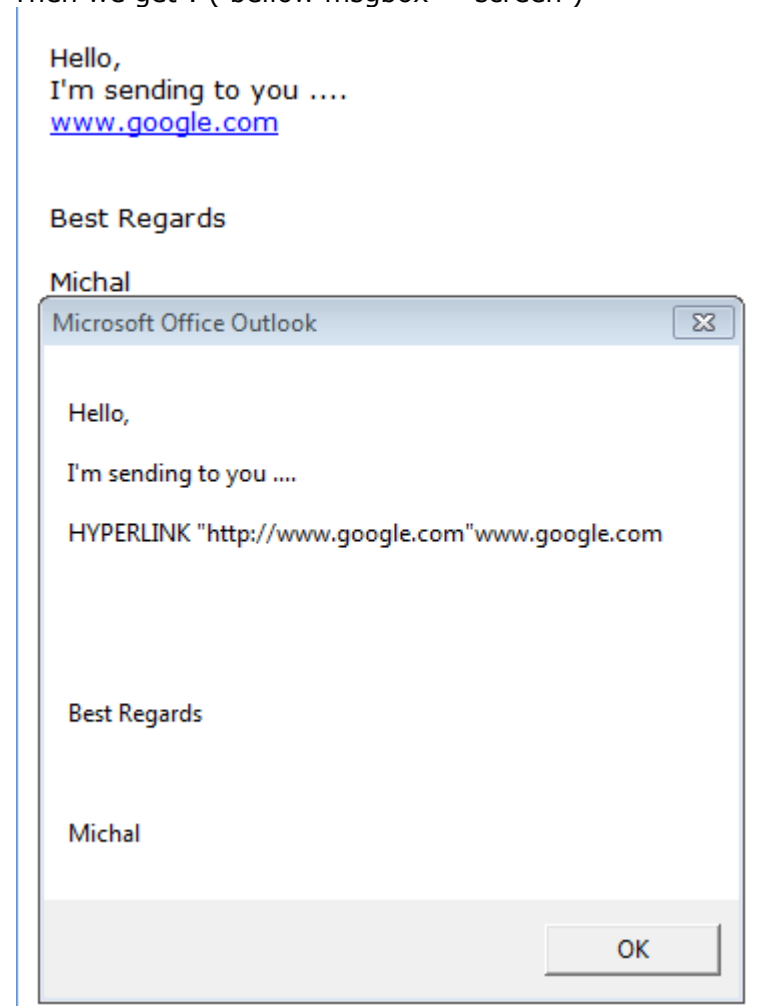If we select it in Outlook and run vba macro…
Dim SelectMail As MailItem
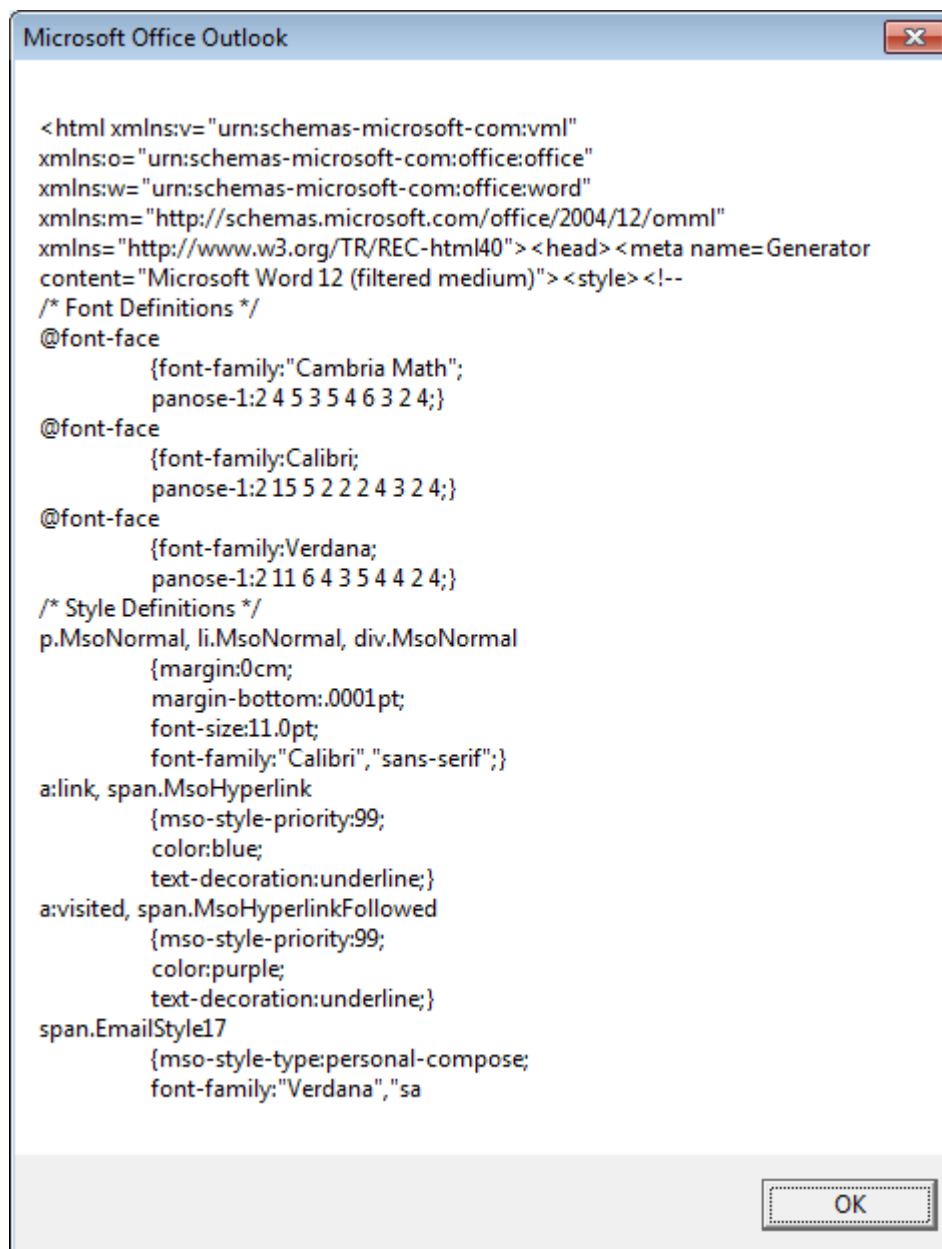*Set SelectMail = Outlook.ActiveExplorer.Selection.Item(1)*
MsgBox SelectMail.body

Then we get : (bellow msgbox – screen)

If we change from SelectMail.body to SelectMail.HTMLBody

Then we get

I want to return email body (as string, that will be processed later) as simple text : like

Hello,
I'm sending to you ....
www.google.com

Best Regards

Michal